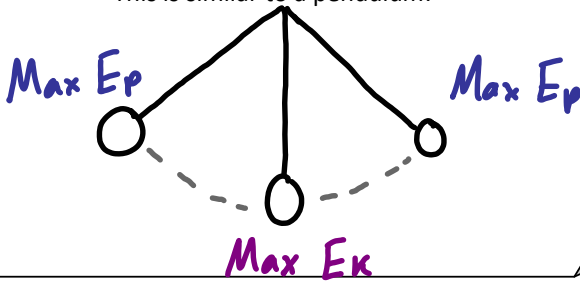


Unit 7: Work, Energy and Power
4 – The Law of Conservation of Energy

The Law of Conservation of Energy:

Energy cannot be created or destroyed, only changed from one form into another

This is similar to a pendulum:



Imagine a ball being thrown up into the air:

○ E_p

$E_k \uparrow$ ○ ○ $E_k \downarrow$

As the ball travels upwards E_k is converted into E_p
 As the ball falls down E_p is converted into E_k

- When only conservative forces (like gravity) work on an object... $E_k \rightarrow E_p$ and $E_p \rightarrow E_k$

- When forces like friction are at work then energy is not conserved.

- Friction converts some energy into HEAT

The Law of Conservation of Energy:

$$E_i = E_f$$

$$E_{ki} + E_{pi} = E_{kf} + E_{pf}$$

$$\frac{1}{2}mv_i^2 + mgh_i = \frac{1}{2}mv_f^2 + mgh_f$$

Ex: While jumping over The Great Wall of China an 82 kg skateboarder is needs to leave the ramp traveling at 78 km/h. $\div 3.6 = 21.67 \text{ m/s}$

a) How much potential energy does he need to start with?

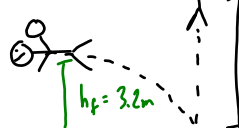
$$\cancel{E_{ki}} + E_{pi} = \cancel{E_{kf}} + \cancel{E_{pf}}$$

$$E_{pi} = E_{kf} = \frac{1}{2}mv^2 = \frac{1}{2}(82)(21.67)^2 = 19297 = \boxed{19000 \text{ J}}$$

b) What minimum height of ramp should he use?

$$E_{pi} = mgh_i \quad h_i = \frac{E_p}{mg} = \frac{19297}{(82)(9.8)} = \boxed{24 \text{ m}}$$

Ex: A trampoline dunk artist is bounces to a maximum vertical height of 4.8 m before launching himself towards the hoop. At the top of his arc he is 3.2 m above the ground. How fast is he traveling at this point?



$$\cancel{E_{ki}} + E_{pi} = \cancel{E_{kf}} + E_{pf}$$

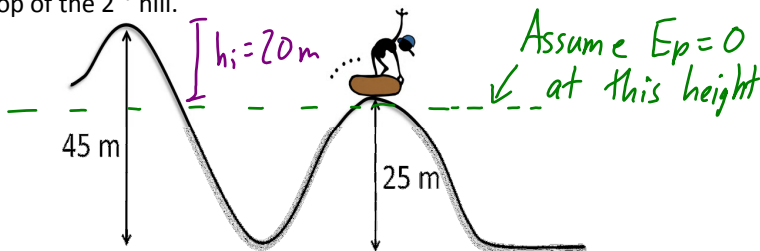
$$mgh_i = \frac{1}{2}mv_f^2 + mgh_f$$

$$v_f = \sqrt{2(gh_i - gh_f)}$$

$$= \sqrt{2[(9.8)(4.8) - (9.8)(3.2)]}$$

$$= \boxed{5.6 \text{ m/s}}$$

Ex: A 65 kg snowboarder starts at rest, travels down a hill into a gully and back up the other side as shown. Find his speed at top of the 2nd hill.



$$E_{pi} + \cancel{E_{ki}} = \cancel{E_{pf}} + E_{kf}$$

$$E_{pi} = E_{kf}$$

$$mgh_i = \frac{1}{2}mv_f^2$$

$$v = \sqrt{2gh_i}$$

$$= \sqrt{2(9.8)(20)}$$

$$= \boxed{20 \text{ m/s}}$$